

*Name of Activity:* **Silent Signs**

*Grade Level:* 4-5

*Formation:* Standing at desks

*Equipment:* Map

*Rules/Directions:*

1. Teacher chooses 1 student to go to the map.
2. Teacher chooses location (state or country) and tells everyone in the class except the student at the map (can write location on board or piece of paper).
3. Class uses movement without talking to guide the student to the correct location.
  - East: knee lifts
  - West: jumping jacks
  - North: raise the roof
  - South: squats
4. Repeat with new location and new student.

*Variation:*

1. Post the direction that corresponds to each movement on the board.

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