FUN CLASS CHALLENGES

*Pencil Jumps:*

For a quick movement break in between lessons have each student place a pencil on the floor. Jump over the pencil a designated number of times.

*Race in Place:*

When reviewing material, have the students stand up and run in place by their desks. On the teacher’s signal, student stops running in place, listens to question and writes down the answer on paper. Continue with review questions or other topics then have the students check their answers to see if they were correct.

*Push Up Line Up:*

When the students line up against the wall to leave the classroom, have each student face the wall and perform 10 wall pushups. After all pushups are completed the class can walk in the line .