

Name of Activity: **Go Bananas!**
Grade Level: K-2
Formation: Standing at desks
Equipment: Barrel of monkeys

Rules/Directions:

1. Teacher empties barrel of monkeys and picks up one monkey.
2. Students jump as high as they can jump one time and teacher says **GO BANANAS!**
3. Students then **GO BANANAS** by wiggling their body in all directions or imitate a monkey.
4. Teacher continues to pick up one monkey at a time and students do one jump for each monkey.
5. Teacher continues to say **GO BANANAS** after adding a monkey to the chain.
6. Continue until the chain of monkeys breaks and start over.
7. Integration: Teacher reads the book, *The Day the Teacher Went Bananas*. Students **GO BANANAS** every time the teacher reads the word "bananas." Teacher can also discuss bananas and how unique they are:
 - Color
 - Peel
 - Shape
 - Nutritional value
 - Snack ideas
 - Where they grow

Energizers were developed by:



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