

*Name of Activity:* **Hit the Deck**

*Grade Level:* 2-5

*Formation:* Standing at desks

*Equipment:* 1 deck of cards

*Rules/Directions:*

1. Teacher places deck of cards in front of the class.
2. Have one student select a card and students will do the corresponding activity for each suit.
3. Would be helpful to write corresponding activities on the board for each suit:
  - Heart: touch elbow to knee or crunches for 20 seconds
  - Diamond: jog in place or march in place for 20 seconds
  - Club: modified push up or cabbage patch for 20 seconds
  - Spade: jumping jacks or scissors for 20 seconds
4. Provide other students opportunity to pick a card from the deck and repeat activity.

*Variations:*

1. Place activities on chart paper so that activity can be done outside.
2. Choose 3 or 4 cards of each suit instead of using entire deck to save time.
3. This activity is easy for a substitute teacher to follow.

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